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Taichi style aikido 42 forms - youtube

Oct 29, 2007 In 2003, Sugawara Sensei introduced the Taichi style Aikido 42 Forms. The kata, which is a series of Aikido techniques, was formed in just over 2 days

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Is tai chi chuan as unpractical as aikido? | yahoo

Apr 19, 2012 Simple, Tai Chi is a waste of time. Military won't even look at it. I went to a dojo once for a day and the trainer told me a story on how a aikido black

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Aikido & tai chi: tai chi applications - youtube

Nov 19, 2012 Wang Hai Jun, Chen Tai Chi master, gives seminars at Open Sky Martial Arts, Hillsborough, NC in November and March. He returns March 13-15, 2015. Open Sky

Aikido of petaluma yang style t ai chi

The T ai-Chi Chuan we practice was developed by Professor Cheng Man-Ching. T ai-Chi is a Chinese martial art which combines meditation in movement

Tai chi and aikido - which one is suitable for

Nov 18, 2008 Tai chi chuan is great but it takes long a time just to be proficient. Aikido also takes a long time but as far as I know doesn't include any attacking

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