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Nov 18, 2008 Tai chi chuan is great but it takes long a time just to be proficient. Aikido also takes a long time but as far as I know doesn't include any attacking

T'ai chi & aikido (book, 2007) [worldcat.org]

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Tai chi with aikido? - aikiweb aikido forums

Welcome to Aikido, Tai Chi, and to message boards! I believe that taking Tai Chi in conjunction with Aikido is a great idea. John Stevens Sensei would offer (and

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Aikido Books from Fishpond.com.au online store. Aikido: The Complete Basic Techniques. By Gozo Shioda, Yasuhisa Shioda. Hardback (USA), April

Aikido & tai chi: tai chi applications - youtube

Nov 19, 2012 Wang Hai Jun, Chen Tai Chi master, gives seminars at Open Sky Martial Arts, Hillsborough, NC in November and March. He returns March 13-15, 2015. Open Sky

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Apr 19, 2012 Simple, Tai Chi is a waste of time. Military won't even look at it. I went to a dojo once for a day and the trainer told me a story on how a aikido black

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Taichi style aikido 42 forms - youtube

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Tai Chi and Aikido Some thoughts. Although Tai Chi is a chinese martial art, it shares many concepts similar to Aikido. Both arts can be said to be internal

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Aikido of petaluma yang style t ai chi

The T ai-Chi Ch uan we practice was developed by Professor Cheng Man-Ch ing. T ai-Chi is a Chinese martial art which combines meditation in movement

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